

Advancing Preconception Wellness: Health System Learning Collaborative

Webinar #4

November 10, 2016 | 4PM EST

Dial in : 1-800-371-9219

Participant Code: 6080761

Agenda

- Welcome and Introductions
- Learning Collaborative Goals
- December 13 -14 Catalyzing Change Meeting Agenda and Plan
- Overview of Systems Strategies
- Group Discussion



Preconception health Show Your Love supporters

Engaged Organizations: Check –in

1. Alabama State Department of Health, Title V
2. The Providence Community Health Centers (FQHC), RI
3. Ohio State Hospital Association and Ohio Perinatal Quality Collaborative
4. Washington State Hospital Association
5. County Care Health + Cook County Health System, Illinois
6. New York State Department of Health
7. The VA Health System
8. The Shiprock Service Unit (Navajo)
9. Health Share of Oregon
10. Samaritan Health Services, Oregon
11. Mission Health Partners, NC
12. UC Davis

Learning Collaborative Goals

- Share ideas
- Develop and disseminate best practices and strategies
- Define barriers and challenges
- Develop solutions
- **Ultimate goals:**
 - Develop a series of recommendations for system level integration of preconception health
 - At Dec 2016 in person meeting, draft results for publishing

National Preconception Health & Health Care Initiative

Catalyzing Change Meeting

December 13 & 14, 2016 | Renaissance
Arlington Capitol View Hotel, Virginia

Tuesday, December 13

- 8-8:30PM: Breakfast buffet
- 8:30-9:00: Welcome, Introductions & Charge for the Day
- 9:00AM-12PM: **Workgroup Breakouts** **Breaks as needed by groups*
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- **Breakout 1 - Consumers**
- **Facilitators:** Betsy Mitchell, Janis Biermann, Carol Brady, Suzanne Woodward
- **Session Summary:**
 - *Synthesize current preconception consumer outreach – including SYLT social media*
 - *Feature 14 Show Your Love Diversification Grant Projects & Share New Ideas and Lessons Learned*
 - *Discuss funding and implementation needs for leveraging current grantee work into community campaigns*
 - *Premier PCHHC Preconception app – Linda Squires*
 - *Assessment of existing Reproductive Life Planning tools, wait room self-assessments*
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- **Breakout 2 – Clinicians and Health Systems**
- **Facilitators:** Daniel Frayne, Diana Ramos, Maggie Adams
- **Session Summary:**
 - *Synthesize current preconception efforts in clinical facing approach*
 - *Develop plans for supporting and expanding preconception health strategies*
 - *Strategize about how to expand health system and clinic in partnership*
 - *Discuss funding and implementation needs.*

Tuesday, December 13

12PM-1:15PM: Lunch & Learn

- **Well-Woman Story Project:** Arden Handler and Regan Johnson
- **Preconception Health Indicators:** Cheryl Robbins

1:30PM-2:30PM: Breakout Reconvene

- **Consumers:** Develop plans for supporting and expanding preconception health strategies
- **Clinical WG:** Continue and conclude morning work
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2:30PM-3:00PM: Refreshments/Break

3:30PM-5:00PM: Setting Direction for PCHHC in 2017 and beyond

- **Participants/Audience:** ALL PCHHC Workgroups and Attendees
- **Facilitators:** Sarah Verbiest and Kiko Malin
- **Session Summary:**
 - Bring together to share topline results and workgroup discussions
 - Discuss how are we doing at responding to the charge from the 2014 Select Panel
 - Update on state and federal efforts to increase attendance at and quality of well woman visits and adolescent health visits. Update on new well woman visit clinical guidelines.
 - Discussion – what can the PCHHC do to maximize the well woman visit opportunity? What can we develop / do to support current Title V efforts?
 - Discussion – what are the most important opportunities, challenges and ideas of the day?
- **6:00PM: PCHHC Leadership Roundtable Dinner and Group Dine Aouts**

Wednesday December 14

8AM-9:30AM: Policy Networking Breakfast

- **Facilitator:** Sarah Verbiest, Amy Haddad, Ellen Pliska
- **Session Summary:** This session will include about 15 partners from the DC area who work on policy issues relating to MCH and preconception health. We will have a post-election debrief, information sharing and brainstorming on key areas of focus for policy work in 2017.

9:30AM -10:45PM: “Get it Done” Breakout Sessions

- **Participants/Audience:** All PCHHC Workgroups and Attendees
- **Facilitator:** Various
- **Session Summary:**
 - Before and Beyond Clinical Preconception Health Tool Kit – review & improve (Dan/Maggie)
 - Next steps for New Preconception Health Indicators (Cheryl Robbins)
 - California Project Input (Wendy Hussey/Flojaune Cofer)
 - Zika Virus and Preconception Health (Diana Ramos / CDC person)
 - Public Health Workgroup and Catalyzing Paper – next steps (Kiko Malin)
 - Recommended assessment tools – for patients and clinicians (someone)

10:45PM-11:45PM: Setting Direction for PCHHC in 2017 and beyond

- **Participants/Audience:** ALL PCHHC Workgroups and Attendees
- **Facilitator:** Sarah or Erin McClain
- Prioritizing next steps and solidifying timeline and plans for 2017
- **NOON: Adjourn!**
- ** Flip charts will be on wall to capture ideas around new partners, funders and research

System Indicators for Preconception Wellness (Obtained at 1st prenatal assessment)*

- PCW #1: Pregnancy Intention
- PCW #2: Access prenatal care in 1st trimester
- PCW #3: Preconception folic acid/multivitamin use
- PCW #4: Tobacco use
- PCW #5: Depression screen/control
- PCW #6: BMI
- PCW #7: Sexually transmitted infection rate
- PCW #8: Optimal blood sugar control in preegestational DM
- PCW #9: Teratogenic medication avoidance

* [Obstet Gynecol.](#) 2016 May;127(5):863-72

Current System Strategies to Advance PCW

Health System	Strategy	Barriers
Mission Health Partners	Care Process Model	Data capture for teratogenic meds, PC folate use, preg intention
Samaritan Health Services	OKQ to satisfy effective contraceptive use measure (State quality metric)	Implementation issues (EHR); no way to capture PCC issues
NY State DOH	Provider Education on PC Health resource (Before and Beyond); OKQ; A focus on ICC	Practice change (time, reimbursement); EHR

Current System Strategies to Advance PCW

Health System	Strategy	Barriers
Health Share of Oregon	OKQ to satisfy effective contraceptive use measure (State quality metric); Contraceptive Quality Checklist	EHR; quality family planning provider designation uptake and consequences
Alabama State DOH, Title V	Incorporate PCC into Family Planning Clinics	
The Providence Community Health Centers (FQHC)	OKQ	

Current System Strategies to Advance PCW

Health System	Strategy	Barriers
Ohio State Hospital Association and Ohio Perinatal Quality Collaborative	Working on focus	
Washington State Hospital Association	“Safe Deliveries Roadmap” includes PCC and ICC	Have focused on in-hospital initiatives; difficult engagement with primary care; changes in organizational leadership
County Care Health + Cook County Health System	Claims data to report indicators, develop PCC quality metrics as medicaid MCO	

Current System Strategies to Advance PCW

Health System	Strategy	Barriers
The VA Health System	Retrospective national data collection; prospective collection at 1 st contact; PCC visit template, designated women's health providers	Time to perform data extraction and analysis, concerns about interpretation and use of data
The Shiprock Service Unit (Navajo)	Focus on Diabetes	
UC Davis		

Creating a universal recommendation for system integration of PCC - ideas

- **Step 1: Finding a champion – provider and system leadership**
 - Difficult to effect change from the outside
- **Step 2: Creating a sense of urgency**
 - Focus on infant and mortality, need for system change to achieve different results, value based cost reimbursement, health equity
- **Step 3: Valuing data – and struggle to obtain it**
 - Much data already exists – report out for reproductive age women
 - Choose measures to focus on, but need to expand beyond contraception
 - Build on existing EHR template structures
- **Step 4: Provider education, systematic approach**
 - Incentives are key, tied to financials is even more important
 - Struggle to get past the difficulties of culture change and “time barriers”
 - Systematic, non-provider driven responses to identified risk, connection to resources
- **Step 5: Consumer engagement and shared decision making**
- **Step 6: Opportunity for multi-organization/community partnerships for shared goals**
 - Department of Health/local health department, community programs, medicaid MCOs

People who have RSVP'd for December

- Shelley Thorkelson
- Niki Myers
- Karla Briceno
- Andrea McGlynn
- Michele Stranger Hunter
- Anna Groskin
- Jennifer Hosmer
- E.Bimla Schwarz
- Ellen Mason
- Robert Hughes
- Karen Bachman-Carter
- Peter Bernstein
- Joanne Phillips
- Faye Johnson
- Arden Handler
- Laurie Zephyrin
- Shanna Cox
- Brian Jack

Wrap up

- RSVP List
- Questions?
- Comments?
- Feedback?