Advancing Preconception Wellness: Health System Learning Collaborative

Webinar #1
June 30, 2016 | 4PM EST

Dial in: 1-800-371-9219
Participant Code: 6080761
Agenda

- Welcome and Introductions
- Purpose
- Brief Overview of PCHHC & Available Resources
- Collaborative Timeline
  - Site groupings and dates
- Wrap up
Welcome & Introductions

• Our Team:

Dan Frayne
Clinical Director

Maggie Adams
Coordinator

Sarah Verbiest
Senior Advisor
@S_Verbiest

Suzanne Woodward
Communications
@SuzyKaye
Engaged Organizations

1. Alabama State Department of Health, Title V
2. The Providence Community Health Centers (FQHC), RI
3. Ohio State Hospital Association and Ohio Perinatal Quality Collaborative
4. Washington State Hospital Association
5. County Care Health + Cook County Health System, Illinois
6. New York State Department of Health
7. The VA Health System
8. The Shiprock Service Unit (Navajo)
9. Health Share of Oregon
10. Samaritan Health Services, Oregon
11. Mission Health Partners, NC

Please tell us your Name, Agency & Interest in preconception health
Integrating Preconception Health Into Health Care Systems:

• **Aim 1:** Health system leaders see preconception care (PCC) as a driver for achieving the triple aim and quality care / consider PCC to be of value (buy in)

• **Aim 2:** Leaders assess utilizing measures to drive outcomes, improve quality and support program development within their system

• **Aim 3:** Leaders consider and propose possibilities for integrating PCC components into existing system (e.g. adding to CPMs)
Learning Collaborative Goals

• Share ideas
• Develop and disseminate best practices and strategies
• Define barriers and challenges
• Develop solutions

• Ultimate goals:
  • Develop a series of recommendations for system level integration of preconception health
  • At February 2017 in person meeting, draft results for publishing
INVITATION: PCHHC National Summit

• **Purpose:** Compile strategies for integrating PCC into clinical care, develop a research agenda and share ‘out-of-the box’ ideas

• **Dates:** Monday/Tuesday or Thursday/Friday in late-January or early-February (full day conference)

• **Location:** Will be set in July

• **Share your Ideas:** [https://www.surveymonkey.com/r/TR2QCGJ](https://www.surveymonkey.com/r/TR2QCGJ)
Our vision: All women and men of reproductive age will achieve optimal health and wellness, fostering a healthy life course for them and any children they may have.
Consumer Engagement

• Implement awareness campaigns to educate women and men about the importance / content of the well woman visit – create demand
• Create a community of young adults sharing information and resources
• Promote patient/woman driven risk assessments, such as the Show Your Love checklist.
• Wellwomanstory.org focus group research coming this fall
What We Measure Matters:
Clinical Measures for Preconception Wellness

- Intended/planned to become pregnant
- Entered prenatal care in the 1st trimester
- Daily folic acid/multivitamin consumption
- Tobacco free
- Not depressed (mentally well / under treatment)
- Healthy BMI
- Free of sexually transmitted infections
- Optimal blood sugar control
  - Medications (if any) are not teratogenic

No single measure alone is sufficient to describe “preconception wellness”
But taken in aggregate can be a marker of wellness and receipt of quality preconception care

Current Quality Measure
Preconception measures

- [http://journals.lww.com/greenjournal/Citation/2016/05000/Health_Care_System_Measures_to_Advance.8.aspx](http://journals.lww.com/greenjournal/Citation/2016/05000/Health_Care_System_Measures_to_Advance.8.aspx)

- Paper includes a table describing each measure, its intent, reported data, target and clinical quality measure crosswalk

- Measures are reported at the first prenatal assessment as a surrogate for preconception wellness
Reproductive life planning continuum: Opportunistic Triage of Risk

- Reproductive Plan (1-2 years)
- Life Plan (Includes Reproduction)
Webinar Structure:  
System level preconception health

• Five 30-45 minute sessions
• 1-3 Individual Site Briefs
  • For Preconception Health, share what your organization is...
    • Working on
    • Thinking about
    • Challenged with
• Facilitated Discussion
  • All collaborative members participate in ideas or solutions
  • Results will be recorded and tabulated
Collaborative Timeline:
Suggested site groupings and dates for future webinars

• July 28, 2016 at 4PM EST: State Organizations
  • Ohio State Hospital Association and Ohio Perinatal Quality Collaborative
  • Washington State Hospital Association
  • Alabama State Department of Health, Title V
  • NY State Departments of Health

• September 15, 2016 at 4PM EST: ACOs and CCOs
  • Samaritan Health Services (CCO)
  • Health Share of Oregon (CCO)
  • Mission Health Partners (ACO)
Collaborative Timeline: Suggested site groupings and dates for future webinars

- November 10, 2016 at 4PM EST: MCO and Insurers
  - County Care Health + Cook County Health System

- January 12, 2017 at 4PM EST: FQHCs, VA, and IHS
  - The Providence Community Health Centers
  - The VA Health System
  - Shiprock Service Unit (Navajo)
Wrap up

• Questions?
• Comments?
• Feedback?
• Keep current on reports, guidelines, innovative work and ideas around preconception health in the US and beyond

• Want to be included or featured in the PCHHC newsletter? Submit updates, articles, content, suggestions to SuzanneW@med.unc.edu.

• To subscribe, send an email to pchhcnews@gmail.com with Subscribe as the subject line. Or text PCHHC to 22828.