

**MODEL INTERCONCEPTIONAL CARE PLANS
FOR
WOMEN'S HEALTH SERVICES CONTINUITY CONFERENCES**

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PREVIOUS POOR PREGNANCY OUTCOMES

ASSESSMENT NEEDS

1. Repeated (>1) TAB's
 1. Desires regarding future pregnancies
 2. Risk for unintended/unplanned pregnancy
 3. Psychosocial risk factors
 4. Contraceptive history
 5. Patient's perception of why experiencing repeated TAB's
 6. Desire to find alternatives to fertility control

INTERCONCEPTIONAL OBJECTIVES FOR PATIENT

1. Obtain appropriate and acceptable contraceptive (may require frequent follow-up)
2. Delay contraception >12 months since termination
3. Build self-esteem (may require referral to mental health counseling, support group, etc.)
4. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
5. Discuss well woman needs including a multivitamin with folic acid every day, weight issues, exercise, smoking cessation, if appropriate, etc.
6. Others, as appropriate (may include development of personalized care plan at OB closure conference in collaboration with family planning team)

PREVIOUS POOR PREGNANCY OUTCOMES

ASSESSMENT NEEDS

2. Repeated (>2) spontaneous abortions
 1. Desires regarding future pregnancies
 2. Risk for unintended/unplanned pregnancy
 3. Psychosocial risk factors
 4. Review of related prenatal and hospital records to assess risk factors for recurrence that can be addressed in whole or in part during interconceptional period
 5. Weeks gestation at occurrence and identification of patterns (i.e., 1st trimester/2nd trimester)
 6. Assessment of unresolved guilt and/or grief

3. History of short inter-conceptional period (≤ 12 months)
 1. Desires regarding future pregnancies
 2. Risk for unintended/unplanned pregnancy
 3. Psychosocial risk factors
 4. Contraceptive history
 5. Patient's perception of cause of previous short birth interval(s)

INTERCONCEPTIONAL OBJECTIVES FOR PATIENT

1. Obtain appropriate and acceptable contraceptive
 2. Delay conception minimum of 6 months since last delivery
 3. Achieve understanding about what caused losses (may require correcting misunderstandings and/or preconceptional referral to medical specialists)
 4. Resolve guilt and/or grief (may involve mobilizing patient support system and/or mental health counseling)
 5. Recognize that recurrence is unlikely but that there are probably actions that can be taken to maximize the chances of a healthy baby (implement prevention steps)
 6. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
 7. Discuss well woman needs including a multivitamin with folic acid every day, weight issues, exercise, smoking cessation, if appropriate, etc.
 8. Others, as appropriate (may include development of personalized care plan at OB closure conference in collaboration with family planning team)
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1. Obtain appropriate and acceptable contraceptive (may require frequent follow-up)
 2. Delay conception >12 months since last delivery
 3. Achieve understanding about pregnancy risks associated with short interconceptional periods
 4. Build self-esteem, if indicated (may require referral to mental health counseling, support group, etc.)

PREVIOUS POOR PREGNANCY OUTCOMES

ASSESSMENT NEEDS

4. Fetal death
 1. Desires regarding future pregnancies
 2. Risks for unintended/unplanned pregnancy
 3. Psychosocial risk factors
 4. Review of related prenatal and hospital records to assess risk factors for recurrence that can be addressed in whole or in part during interconceptional period
 5. Assessment of patient's perceptions of what caused death(s)
 6. Assessment of unresolved guilt and/or grief

INTERCONCEPTIONAL OBJECTIVES FOR PATIENT

5. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
 6. Discuss well woman needs including a multivitamin with folic acid every day, weight issues, exercise, smoking cessation, if appropriate, etc.
 7. Others, as appropriate (may include development of personalized care plan at OB closure conference in collaboration with family planning team)
1. Obtain appropriate and acceptable contraceptive
 2. Delay conception >12 months since last delivery
 3. Achieve understanding about what caused death(s) (may require correcting misunderstandings and/or preconceptional referral to medical specialists)
 4. Resolve guilt and/or grief (may involve mobilizing patient support system and/or mental health counseling)
 5. Recognize that recurrence is unlikely but that there are probably actions that can be taken to maximize the chances of a health baby (implement prevention steps)
 6. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
 7. Discuss well woman needs including a multivitamin with folic acid every day, weight issues, exercise, smoking cessation, if appropriate, etc.

PREVIOUS POOR PREGNANCY OUTCOMES

ASSESSMENT NEEDS

5. Neonatal death
 1. Desires regarding future pregnancies
 2. Risks for unintended/unplanned pregnancy
 3. Psychosocial risk factors
 4. Review of related prenatal and hospital records to assess risk factors for recurrence that can be addressed in whole or in part during interconceptional period
 5. Assessment of patient's perceptions of what caused problem
 6. Assessment of unresolved guilt and/or grief

INTERCONCEPTIONAL OBJECTIVES FOR PATIENT

8. Others, as appropriate (may include development of personalized care plan at OB closure conference in collaboration with family planning team)
 1. Obtain appropriate and acceptable contraceptive
 2. Delay conception >12 months since last delivery
 3. Achieve understanding about what caused death(s) (may require correcting misunderstanding and/or preconceptional re-referral to medical specialists)
 4. Resolve guilt and/or grief (may involve mobilizing patient support system and/or mental health counseling)
 5. Recognize that recurrence is unlikely but that there are probably actions that can be taken to maximize the chances of a healthy baby (implement prevention steps)
 6. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
 7. Discuss well woman needs including a multivitamin with folic acid every day, weight issues, exercise, smoking cessation, if appropriate, etc
 8. Others, as appropriate (may include development of personalized care plan at OB closure conference in collaboration with family planning team)

PREVIOUS POOR PREGNANCY OUTCOMES

ASSESSMENT NEEDS

6. Preterm delivery
 1. Desires regarding future pregnancies
 2. Risks for unintended/unplanned pregnancy
 3. Psychosocial risk factors
 4. Review of related prenatal and hospital records to assess risk factors for recurrence that can be addressed in whole or in part during interconceptional period
 5. Assessment of patient's perceptions of what caused problem
 6. Assessment of unresolved guilt and/or grief

INTERCONCEPTIONAL OBJECTIVES FOR PATIENT

1. Obtain appropriate and acceptable contraceptive
2. Delay conception >12 months since last delivery
3. Achieve understanding about what caused problem (may require correcting misunderstandings and/or preconceptional referral to medical specialists)
4. Resolve guilt and/or grief (may involve mobilizing patient support system and/or mental health counseling)
5. Recognize that recurrence is unlikely but that there are probably actions that can be taken to maximize the chances of a healthy baby (implement prevention steps)
6. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
7. Discuss well woman needs including a multivitamin with folic acid every day, weight issues, exercise, smoking cessation, if appropriate, etc
8. Others, as appropriate (may include development of personalized care plan at OB closure conference in collaboration with family planning team)

PREVIOUS POOR PREGNANCY OUTCOMES

ASSESSMENT NEEDS

7. Small for gestational age infant
 1. Desires regarding future pregnancies
 2. Risks for unintended/unplanned pregnancy
 3. Psychosocial risk factors
 4. Review of related prenatal and hospital records to assess risk factors for recurrence that can be addressed in whole or in part during interconceptional period
 5. Assessment of patient's perceptions of what caused problem
 6. Assessment of unresolved guilt and/or grief

INTERCONCEPTIONAL OBJECTIVES FOR PATIENT

1. Obtain appropriate and acceptable contraceptive
2. Delay conception >12 months since last delivery
3. Achieve understanding about what caused problem (may require correcting misunderstandings and/or preconceptional referral to medical specialists)
4. Resolve guilt and/or grief (may involve mobilizing patient support system and/or mental health counseling)
5. Recognize the risk of recurrence (may require genetics evaluation) and actions that can be taken to maximize the chances of a healthy baby (implement prevention steps)
6. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
7. Discuss well woman needs including a multivitamin with folic acid every day, weight issues, exercise, smoking cessation, if appropriate, etc
8. Others, as appropriate (may include development of personalized care plan at OB closure conference in collaboration with family planning team)

PREVIOUS POOR PREGNANCY OUTCOMES

8. Congenital anomalies/metal retardation

ASSESSMENT NEEDS

1. Desires regarding future pregnancies
2. Risks for unintended/unplanned pregnancy
3. Preconceptional risk assessment by health appraisal and other family planning documentation
4. Psychosocial risk factors
5. Assessment of patient's perception of what caused problem
6. Assessment of unresolved guilt and /or grief
7. Related prenatal records
8. Related hospital records, including child's
9. Related pediatric records

INTERCONCEPTIONAL OBJECTIVES FOR PATIENT

1. Obtain appropriate and acceptable contraceptive
2. Delay conception > 12 months since last delivery
3. Achieve understanding about what caused problem (may require correcting misunderstandings and/or preconceptional referral to medical or genetic specialists)
4. Resolve guilt and/or grief (may involve mobilizing patient support system and/or mental health counseling)
5. Recognize the risk of recurrence (may require genetics evaluations) and actions that can be taken to maximize the chances of a healthy baby
6. Obtain all desired preconceptional counseling and referrals (if desires referral, may involve scheduling, arranging transportation and forwarding all pertinent documentation)
7. Other, as appropriate